



## Time to Plant that Fall Garden

With all of the great fruits and vegetables appearing at roadside stands and farmers markets, you might not be thinking about planting a garden, particularly during our infamously hot Columbia summer. (my apologies to the Columbia CVB) The next several weeks provide that planting window for the fall harvest. The window for some of the fall crops has already closed, however many remain.

Whether you are considering container gardening, raised beds, traditional garden beds or other methods; the bountiful crops can be rewarding both in cost savings and the satisfaction found in the fruits of your labors. (no pun intended) Our area of the state for planting is Central as noted on the map below.



Read the entire article complete with crop guides, dates and gardening tips from the Clemson HGIC site by [clicking here](#).

### July Schedule

Wear your Red, White and Blue	7
Sandhill Farmers Market Decal Day	14
Keith Tracy	21
Christmas in July	28



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## What's New at Sandhill?

If you're a regular visitor to the property you no doubt have noticed a few additions and changes. The historic red barn now has locked cattle gates across the entrance with more to come as we develop storage for additional farm implements.

The field directly behind the red barn has been planted with a variety of demonstration crops for the annual School Days program in the fall and the remainder of the field has just been planted with a cover crop of Sorghum-Sudangrass (Sudex) and Cowpeas.

Our field near the Carolina Children's Garden and Pontiac Foods, former site of our corn maze, will return to being a maze this year, but not corn, Palo Alto Biomass Sorghum. This particular variety of sorghum can reach heights of 16 feet and was donated by our friends at [NexSteppe](#). More updates to come.

## Market Flash

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## August is National Peach Month

To be totally honest, I didn't know peaches had their own month, and furthermore, why isn't it July? In any case there's an article from [TheNibble.com](http://TheNibble.com) that get's to the core of peach lore.

The article discusses the history of the peach, peach varieties, peach facts, nutritional information and more. Did you know that the Romans sold peaches as Persian apples and that in the Chinese culture the peach tree is consider the tree of life and that peaches are symbols of immortality and unity?

I believe you will find the brief article both informative and enjoyable. After all, peaches have been cultivated since 1000 B.C.E., there must be some good stories. [Here's the link to the article.](#)



## Support Your Local Famers Markets

While we hope to see you every Tuesday afternoon during the season there are other Farmers Markets in the area which need your support. You will find many of our vendors at these fine markets as well.

Wednesday: [Blythewood Market](#)

Thursday: [Lake Carolina](#)

Saturday: [Kershaw Market](#)

Saturday: [Soda City Market](#)

## July 21st Market Photos



*The Sandhill Farmers Market... where fun, food, and community come together.*

## Gardening Tips Landscape Irrigation

*Thanks to our extreme heat and noticeable lack of precipitation, everyone is concerned about their lawns and gardens. Following is part of a series on irrigation to help you understand and answer the question, how much water.*

Many in the Southeast view irrigation as a “quick fix” for problems encountered during a hot, dry summer. It is a simple way to get some water to plants that are wilting and keep them alive until rainfall returns. Others see irrigation as a method to provide all of the water a plant may need on a daily basis. Neither of these views will provide a good habitat for our landscape plants.

***Irrigation is quite simply a balancing act. We are attempting to maintain a given soil moisture content for optimum plant growth.***

When too much water is applied to the landscape, the excess water saturates the root zone and replaces oxygen in the rooting area. Plant roots require oxygen to grow properly, so the anaerobic (without oxygen) conditions in a saturated or flooded landscape do not provide the ideal growing medium for a plant. Plants that are found in a flooded or saturated area are often referred to as “drowned,” which is an apt expression.

When too little water is applied to the landscape, plants begin to dry and wither. Every plant transpires (or emits) an amount of water through the stomata (small openings that vary in size with the climate conditions) in the leaves as a part of the plant’s water use and transport / production processes. When a plant finds itself in a drought condition, it usually begins to hoard its water supply by partially closing the stomata. This restricts water flow through the plant and results in slower transport processes as well as wilting. If we allow the plant to be “drought-stressed” in this manner for too long, the plant will be weakened and may even die.

[Read the entire article and find the multi-part series by clicking here.](#)

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### Peach Tea Punch



- ◇ 4 cups water
- ◇ 3 family-size tea bags
- ◇ 2 cups loosely packed fresh mint leaves
- ◇ 1 (33.8oz) bottle of peach nectar
- ◇ 1 (6oz) can frozen lemonade concentrate, thawed
- ◇ 1/2 cup Simple Sugar Syrup\*
- ◇ 1 (1-liter) bottle ginger ale, chilled
- ◇ 1 (1-liter) bottle club soda, chilled
- ◇ Garnish: mint sprigs

Bring 4 cups water to boil in a medium saucepan; add tea bags and 2 cups mint leaves. Boil 1 minute; remove from heat. Cover and steep 10 minutes. Remove and discard tea bags and mint. Pour into a 1-gal. container; add peach nectar, lemonade concentrate, and Simple Sugar Syrup. Cover and chill 8 hours or overnight. Pour chilled tea mixture into a punch bowl. Stir in ginger ale and club soda just before serving. Garnish with fresh mint. Makes 1 gallon.

*[Courtesy of the SC Peach Council](#)*

*See how many of these ingredients you can find at the Sandhill Farmers Market!*

***Our Market Supporters: [AgSouth Farm Credit](#), [Columbia NE Kiwanis](#), [Spring Valley Rotary Club](#),***



## Listing of 2015 Farmers Market Vendors

The Sandhill Farmers Market is fortunate to have the participation of so many quality vendors. Their selections run the gamut from fresh produce, fruits, seafood, wood crafts, fabric crafts, baked good, plants, shrubbery, natural personal care products, prepared foods and more. Some vendors are with us for the entire 30 week season, some for half of the season and others on a week to week basis. Following you will find a listing of the hard working entrepreneurs waiting to greet you. All of those in ***bold italics*** have links built in. Please note that not all vendors are able to participate in every market.

Name
<b><i><u>Asya's Organic Farms</u></i></b>
Isom's Delights
<b><i><u>The Peanut Man</u></i></b>
<b><i><u>The Crescent Olive</u></i></b>
<b><i><u>Mercer House Estate Winery</u></i></b>
Junior Chefs
AAA Greenthumb
Martin Farms Produce
<b><i><u>Erbe</u></i></b>
Paparazzi Jewelry
<b><i><u>The Belgian Waffle Truck</u></i></b>
Bee My Honey
<b><i><u>Chill Out Pops</u></i></b>
Lexington Shades of Green
Penny's Quilts and Gifts
<b><i><u>Lane Specialty Gardens</u></i></b>
<b><i><u>Sunny Cedars Farm</u></i></b>
CSD Enterprises
The Veggie Patch
It's My Sister's Fault
<b><i><u>January Remington</u></i></b>

Name
<b><i><u>Southern Sky Yoga</u></i></b>
<b><i><u>Leesville Aquaponics</u></i></b>
<b><i><u>Trail Ridge Farm and Dairy</u></i></b>
Ms. Zessie's Specialties
<b><i><u>Jamberry Nails</u></i></b>
<b><i><u>Palmetto Polar Snow</u></i></b>
<b><i><u>Doswell Farm</u></i></b>
<b><i><u>Chi Design</u></i></b>
<b><i><u>Livingston Farms</u></i></b>
Ashley's
<b><i><u>Old McCaskill's Farm</u></i></b>
The Bird Man
<b><i><u>Nanna's Naturals</u></i></b>
Conyer's Farms of Kingstree
<b><i><u>Company of OHS</u></i></b>
<b><i><u>The Shrimp Guy</u></i></b>
<b><i><u>Boutique Poulet</u></i></b>
Bradham Farms
Judith's Hands
Lem's Farm Shop
Cakes and More by Angela



<b><i><u>Congaree Milling</u></i></b>	<b><i><u>McCurley Farms</u></i></b>
3G's	<b><i><u>Penny's Naturals</u></i></b>

Each week we talk with perspective vendors interested in participating at the Sandhill Farmers Market. If you would like to become a vendor please visit our [market page](#) and view the vendor information along with the vendor application found in the right hand navigation pane.

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