



ACT Teams

ACT services are provided by a multidisciplinary team that must include:

- Psychiatric care provider
- ACT team leader-a qualified mental health
- Registered nurse;
- Co-occurring disorder professional;
- Certified peer support specialist
- Vocational success specialist;
- Mental health professional

To be most effective, ACT must be recovery-oriented and person- centered. The ACT ratio is usually 10:1, meaning for every 10 clients there will be one team member assigned. Full ACT teams serve up to 100 clients, 50 or less clients are considered a small team. Most clients have multiple contacts with team members each week.

Assertive (ACT) Community Treatment

A comprehensive approach to assessment, treatment, and rehabilitation is a feature of this program in which the ACT team assumes full responsibility for delivering, coordinating and/or acquiring services in a wide variety of areas, not simply mental health care.

Primary health, housing, employment, and access to entitlements such as Social Security are example of psychosocial variables, which contribute to overall improvement of a person with mental illness, and all are areas in which the ACT team may get involved.

Contact Us

Jean Summerrow, ACT Program Manager

 www.sparmhc.org

 jean.summerrow@scdmh.org

 (864) 406 - 8082



Assertive (ACT) Community Treatment

Delivering integrated services
to people with serious mental illness

www.sparmhc.org



About ACT

The purpose of the ACT Program is to serve patients in need who are not accessing the traditional Mental Health Center Programs, by providing a comprehensive approach to the delivery of services. ACT services will be provided in 13 of the 16 Community Mental Health Centers across SC.

ACT involves a team of professionals whose job duties focus solely on providing service to patients with serious mental illness. Because of their mental illness, many individuals have difficulty functioning in the community. Patients in the ACT Program have histories of long and frequent hospitalizations and limited success with independent living and finding and maintaining employment. They also over utilize hospital emergency rooms to treat their psychiatric illness. A host of supportive individually designed interventions are required to maintain these individuals in the community, which is what the ACT Team is designed to do.

The Referral Process

- Staff with treatment team for appropriateness.



- Complete ACT referral form
- Referral form should be scanned into medical record and emailed to us



- ACT will reach out to patient to discuss participation and engagement in ACT program
- MHP will be notified when patient record is ready for transfer to ACT team member

Who Is Eligible?

ACT is an evidence-based practice and is adopted nationally as best practice for individuals who meet admission criteria.

- **Adults with serious, long term mental illness**
- **High users of inpatient and emergency room services**
- **Persons who have not responded to traditional case management services**
- **Persons who fail to keep scheduled appointments**
- **Persons at risk for homelessness**
- **Persons at risk for incarcerations**



www.scdmh.org

Services

Outreach and Engagement

- Motivational Interviewing
- Assertive engagement
- Person-centered assessment and planning

Treatment

- Medications
- Psychotherapy
- Physical Health Interventions
- Integrated Substance Use Treatment

Support

- Case Management
- Crisis Services
- Transportation
- Coordination with Hospitals & Criminal Justice System
- Family Education & Support