

WE CU VOLUNTEER

CWF: Presidential Inauguration

Once in a lifetime opportunity!!!



Members of 4-H, ages 14-19 as of January 1, 2021, are eligible to apply to be a part of the South Carolina 4-H Delegation to the 2021 United States of America's Presidential Inauguration in Washington D.C. In 2017, National 4-H Council began its first Citizenship Washington Focus on the executive branch of our government and [South Carolina 4-H sent 10 people \(2 adults and 8 youth\)](#). This year, we are doubling our delegation to 20 (2 adults and 10 youth). For more information on how you can apply, please visit: <https://clemsun.box.com/s/bjxzypju89616v8a4a4i2knkalindrc9>

We are also seeking external financial support to send youth on this trip to subsidize the amount and make it more affordable for kids to go. Please help us fundraise for this once-in-a-lifetime opportunity by sharing our message and encouraging people to donate using our link or mailing checks to the address at the bottom of the page:

https://secure.touchnet.net/C20569_ustores/web/product_detail.jsp?PRODUCTID=3781

(Make sure to type "Presidential Inauguration" in the "Payment is for" blank online or memo line on a check made out to "Clemson University". Thank you!)

Upcoming Statewide Programs:



Leadership Roundup
Saturday, January 25, 2020
Changing the narrative on youth leadership! Join interactive workshops
Register today!



Junior Weekend
Fri-Sun, February 7-9, 2020
Explore opportunities in 4-H through a weekend at camp (ages 9-13)
Register by January 24



CWF: Presidential Inauguration
Sun.-Thurs., Jan. 17-21, 2021
Applications being accepted to be part of SC Delegation in D.C. (ages 14-19)
Apply by January 31



Honey Bee Project
Runs March – August 2020
Independent-study, record book project about beekeeping (ages 5-18)
Register by February 7



Senior Teen Weekend
Fri-Sun, March 6-8, 2020
Explore opportunities in 4-H through a weekend at camp (ages 14-18)

Register by February 24



State WHEP Contest
Sat., March 14, 2020
Compete in the state 4-H/FFA Wildlife Habitat Education Challenge (ages 9-18)

Register by February 28



4-H Pinckney Leadership Program
Summer of 2020
Middle and high-school youth invited to apply for camp and conference.

Register by March 13

Thank you!

Thank you to everyone who contributed to our End-of-Year giving campaign. Because of your generous support, we were able to raise approximately \$10,000 for 4-H programs across the state!



Monthly 4-H Club Activity Idea

By Deborah Jamison, Clemson UPIC Intern



T-Shirt Dog Toys

Objective: To learn about recycling, upcycling, and giving to others

Age Range: Targeted to grades 2 - 12

Hands-on Activity: Transform an old t-shirt into a dog toy

Life Skills: HEAD - planning/organizing, learning to learn, decision making;
HEART - communication, sharing;
HANDS - responsible citizenship, self-motivation;
HEALTH - character, self-discipline.

Introduction

Old t-shirts tend to pile up as they become outgrown, stained/torn, or simply not worn any more. Why not make something with them that will bring joy to others?!

Youth can create dog toys to be donated to local pet shelters or used at home with their own pets. Shelter dogs need toys for enrichment. Dog toys help facilitate mental stimulation, help alleviate separation anxiety, discourage destructive behaviors, and boost social behaviors that all help dogs live happy and productive lives. Make a variety of lengths and thicknesses of dog toys to account for different characteristics and preferences of dogs (i.e., size of the dog, age, and whether they are aggressive chewers or not). You should supervise and monitor your dog when they are chewing on toys in case a piece becomes dislodged or potentially swallowed. It could become a choking hazard and/or bowel blockage.

Materials

- Old t-shirts, skirt, dresses, etc.
- Scissors



Instructions

1. Start with choosing a t-shirt. You can mix and match several different shirt colors to make a more visually interesting toy.
2. Use scissors to cut a series of 3- to 4-inch slits on the bottom of the shirt(s), where the shirt would meet your pants. Make the slits about 2-3 inches apart (Figure 1).

Continued on page 3

3. Tear the shirt into strips using the slits as starting points.
4. After you have a good number of strips, gather and tie them at one end and begin to braid them together (Figure 2) Alternatively, you can make knots along the entire length of the toy.
5. Finish the end with a tight knot so it will not come undone too quickly (Figure 3).
6. Repeat steps 1-5 to make a whole bunch of dog toys.

Reflective Questions

- What did you like about this activity?
- How are you going to use the toys that you made?
- What are some other designs you can do for bigger or smaller dogs?
- How would you teach this activity to someone else?

Conclusion

This activity is a fun way to learn about giving back to others and for youth to be creative in the way they make things. This can also demonstrate compassion and build character. This activity is a great way to learn about recycling unused materials.



Figure 1. Example of the starter strips cut in the bottom of the t-shirt.



Figure 2. Gather the strips and tie one end to start braiding.



Figure 3. Finished product of the upcycled dog toy!

Additional Resources:

Dogaholic.com. 2019. Homemade Dog Toys: A Cost Free and Eco-Friendly Solution For Your Friend.

<https://dogsaholic.com/lifestyle/how-to-make-dog-toys.html>.

The Dogington Post. 2014. Benefits of Dog Toys and Treats. <https://www.dogingtonpost.com/benefits-of-dog-toys-and-treats/>.

Bark Post. 33 Dog Toys You Can Make From Things Around The House. 2019. <https://barkpost.com/life/3-dog-toys-you-can-make-from-things-around-the-house/>.

Discover 4-H Clubs curricula, including Discover 4-H Dog Clubs. <https://utah4h.org/discover/>

Clemson University Cooperative Extension Service offers its programs to people of all ages, regardless of race, color, gender, religion, national origin, disability, political beliefs, sexual orientation, gender identity, marital or family status and is an equal opportunity employer.