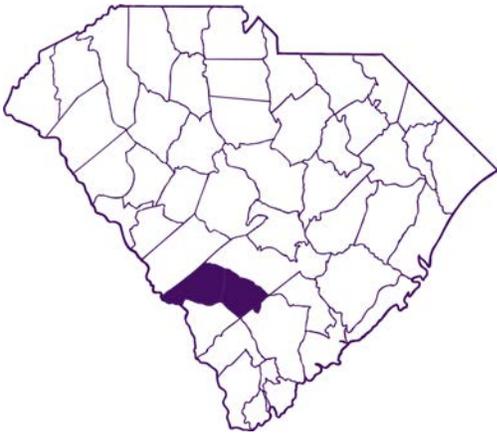


Annual Report to the People

November 2012

Bamberg / Barnwell
County



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Mission Statement

The mission of the Clemson University Cooperative Extension Service is to provide sound, scientifically based information to South Carolinians and help them use that information to improve the quality of their lives.

Economic Impact of State Cuts

In the Coastal Plain of South Carolina there are 182,000 acres of wildlife food plots planted annually (Charles Ruth, SCDNR ADQ Survey). The average cost of establishing warm season and cool season food plots range from \$150.00 to \$190.00 per acre. This translates into a direct economic impact ranging from \$12,285,000 to \$19,019,000 for local dealers, distributors, and business which support the wildlife food plot industry.

In general land owners and hunters plant food plots without considering the adaptability of commercially available food plot varieties. In 2012, Extension Agents Jonathan Croft, Marion Barnes, and Joe Varn applied for and received a grant for \$10,622.00 from the competitive grants program through Clemson University PSA for the project titled "Coastal Plain Wildlife Food Plot Demonstrations."

The funds from this grant were used to purchase a seed drill and seed to establish demonstration plots on cooperating landowner's property throughout the lower coastal plain. Once the plots are established educational programs about wildlife food plot management will be conducted at these sites. At the time of this report plots have been planted in Barnwell, Bamberg, and Dorchester Counties.



From the Garden to the Kitchen

Christine Patrick – Bamberg County



with proper diets. The best diet is one which includes a variety of foods, especially fresh fruits and vegetables.

To address these problems, Clemson University Extension Agents, Christine Patrick and Joe Varn, team up with Honey Ford Baptist Church and community, to build and care for several raised bed gardens in Denmark, South Carolina. The beds were installed on one of the church member's land which was located several blocks from the church.



The cost of food is becoming more expensive, and many families are searching for a way to cut costs and supplement their food sources. Communities can help by providing an environment where families can have healthy food readily available. Physical inactivity and poor dietary choices are both major risk factors for obesity among families. Obesity contributes to multiple diseases and illnesses as indicated by research. Lack of exercise and poor eating habits contributes to overweight problems for some individuals. Good nutrition is important not only because it promotes a feeling of well-being, but also because it has an important role in disease prevention. Many of the diseases suffered by families and individuals are preventable

The group learned how to care for plants and maintenance. The garden produced a wide variety of vegetables. Some of the produce was used to conduct a food preservation workshop at the church.

www.clemson.edu/extension/county/bamberg

The Cooperative Extension Service offers its programs to people of all ages, regardless of race, color, sex, religion, national origin, disability, political beliefs, sexual orientation, marital or family status and is an equal opportunity employer.



Bamberg 4-H Member Performs on National 4-H Stage

Carey Herndon, a Junior 4-H Member from Bamberg County, represented Clemson University Cooperative Extension Service and the State of South Carolina, as part of the National 4-H Talent Revue held during the National Association of County Agricultural Agents Convention held in Charleston, SC July 2012. Seventeen 4-H'ers from South Carolina, Georgia, Tennessee, North Carolina and Louisiana shared their talent as part of the revue. Acts included vocals, pianists, dance, bluegrass and violinists. Georgia, Tennessee and North Carolina all have organized statewide 4-H Expressive Arts Programs which many of the participants have participated in for many years. For the South Carolina participants, this was the first appearance on a national stage. Carey Herndon has performed the National Anthem at home football games since the age of seven. She enjoys singing patriotic songs such as Lee Greenwood's *God Bless the*

USA. She performed a patriotic medley including both songs accompanied by pianist Wilson Hatcher, another 4-H alumni in the Talent Revue. The opportunity to represent South Carolina challenged her vocal skills and her ability to present herself in front of an audience of 1200 plus members. The choreographers, graduates from Winthrop College in Performing Arts, organized and lined up performances after a weekend of practice sessions. Setting up the sound system was a challenge with the diversity of performances sharing the same stage. The choreographers did a great job teaching musicians a dance routine to the "Charleston" which was their closing act. For information about 4-H, contact the Clemson Extension Office at 803-245-2661 ext 111 or sbhrndn@clemson.edu or go to www.clemson.edu/bamberg and click on the clover.

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