

State of South Carolina

Governor's Proclamation

WHEREAS, heart disease is a leading cause of death in the United States, with more than 60 million Americans suffering from some form of cardiovascular disease; and

WHEREAS, our children are at a higher risk of heart disease than ever before due to increasingly sedentary lifestyles and unhealthy eating habits; and

WHEREAS, many factors that contribute to the development of heart disease are preventable through a nutritious diet and regular exercise; and

WHEREAS, with the theme, "Children, Adolescents and Heart Disease," this year's observance of "World Health Day" calls attention to the fact that obesity among our youth is growing at an alarming rate, putting them at a greater risk for high blood pressure, elevated cholesterol levels, and diabetes.

NOW, THEREFORE, I, Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim September 26, 2004, as

SOUTH CAROLINA WORLD HEART DAY

throughout the state and encourage all South Carolinians to learn more about the causes of heart disease in an effort to improve the overall health of children and adults.



A handwritten signature in black ink, appearing to read "Mark Sanford".

MARK SANFORD
GOVERNOR
STATE OF SOUTH CAROLINA