WHEREAS, mental health is fundamental to a person’s overall health and personal well-being; and

WHEREAS, cultivating awareness of mental health issues can help people avoid the consequences of untreated anxiety, depression, and physical deterioration; and

WHEREAS, the creation of a Mental Health Awareness Postage Stamp would serve as a constant reminder to people throughout South Carolina and the nation of mental health issues and treatments.

NOW, THEREFORE, I, Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim September 11, 2003 - September 10, 2004, as the

YEAR OF MENTAL HEALTH AWARENESS

throughout the state and encourage all South Carolinians to work together to promote the mental health of all our residents.