

State of South Carolina

Governor's Proclamation

WHEREAS, martial arts is an activity and art form in which thousands of individuals participate at every age level; and

WHEREAS, participation in martial arts builds strength, character, focus, flexibility, and coordination; and

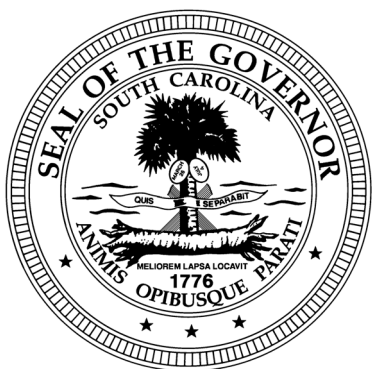
WHEREAS, by encouraging self control, self discipline, personal defense, and physical fitness, martial arts can enhance self-esteem, goal setting abilities, anger management, and non-violent conflict resolution skills in people of all ages; and

WHEREAS, Martial Arts Day calls attention to the positive health and fitness benefits of participation in martial arts and encourages people throughout South Carolina and the nation to get involved in this unique art form.

NOW, THEREFORE, I, Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim October 18, 2003, as

MARTIAL ARTS DAY

throughout the state and encourage all South Carolinians to learn more about the martial arts.



A handwritten signature in black ink, appearing to read "Mark Sanford".

MARK SANFORD
GOVERNOR
STATE OF SOUTH CAROLINA