

DIABETES



ORAL HEALTH



Patients with diabetes/prediabetes should:

- Visit the dentist regularly and discuss your condition
- Brush teeth with a fluoride toothpaste twice a day
- Floss between teeth once a day
- Eat a healthy, balanced diet
- Limit foods and drinks that are high in sugar
- Protect teeth from decay by drinking water with fluoride
- Ask dental and medical providers to coordinate care by sharing test results



**VISIT Connectingsmilessc.org
FOR MORE INFORMATION**

