

# State of South Carolina

## Governor's Proclamation

**WHEREAS,** with roots tracing back to ancient Korea, Taekwondo is a non-aggressive system of self-defense that has spread internationally to become one of the world's most successful and popular martial arts; and

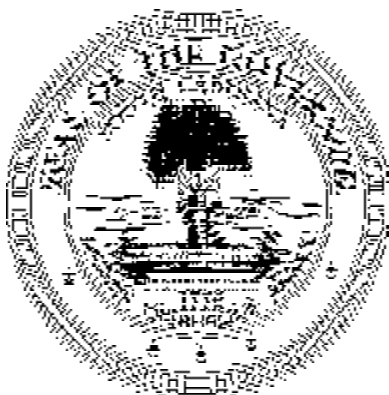
**WHEREAS,** Taekwondo training involves a variety of techniques, including punching, kicking, dodging, jumping, parrying and blocking, and focuses on sparring and learning formal patterns of movement called forms; and

**WHEREAS,** though famous for its wide range of kicks, Taekwondo also emphasizes breaking power, such as splitting wood and bricks using only the bare hands and feet, as well as discipline, fitness, and self-knowledge.

**NOW, THEREFORE, I,** Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim September 27, 2003, as

### TAEKWONDO DAY

throughout the state and encourage all South Carolinians to learn more about the positive physical and mental benefits of participation in martial arts.



A stylized, handwritten signature of Mark Sanford in black ink.

**MARK SANFORD**  
**GOVERNOR**  
**STATE OF SOUTH CAROLINA**