

# Safety

## During the Super Bowl



Super Bowl Sunday is the second biggest day for food consumption in the United States. Because of this, cooking and electrical fires are possible on this celebratory day. With these tips from the U.S. Fire Administration and the Electrical Safety Foundation International, these fires may be prevented.



### Cooking

Use cooking equipment tested and approved by a recognized testing facility.



Never use an extension cord for a cooking appliance. Plug microwave ovens and other cooking appliances directly into a wall outlet.

Keep cords, potholders, and other flammable materials away from heat sources. Use back burners first. Turn pot handles toward the back of the stove.



Arrange countertop appliances so they are away from sinks or other wet areas.

When frying, start with a small amount of oil. Heat it slowly. If smoke is present, or the oil starts to boil, turn off the burner.



Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.



### Electronics



Keep liquids away from electrical items such as televisions and stereos.



Reduce trip hazards by keeping cords out of walking paths and other high traffic areas.



Do not leave cords in a pinched position. Never leave cords under rugs or furniture.



Never extend the length of an extension cord (power strip) with another extension cord.



Protect televisions and other electronic equipment with a surge protector.



Purchase electronics from reputable retailers.



### Celebration Safety

Keep children and pets away from heat sources.

Use electric candles. If using real candles, make sure they are in sturdy candle holders.

Direct smokers to smoke outside. Have a sturdy fire safe receptacle for discarded smoking materials.



Develop an emergency plan for your Super Bowl party.

Make sure exits are clear and there are, at least, two ways out of each room.

Avoid overcrowding a room. The more packed a room, the harder it could be to escape.

#### SOURCES:

<http://www.esfi.org/resource/be-a-champion-for-safety-this-super-bowl-sunday-426>  
<http://www.redcross.org/news/article/Super-Bowl-XLIX-Add-Kitchen-Safety-to-Sundays-Game-Plan>  
[https://www.usfa.fema.gov/prevention/working\\_with\\_the\\_media/sample\\_press\\_releases.html](https://www.usfa.fema.gov/prevention/working_with_the_media/sample_press_releases.html)

