

DIABETES IMPACT

IN SOUTH CAROLINA

People with Diabetes

- South Carolina had the 7th highest prevalence of diabetes among adults in the nation in 2014. One in eight adults has diabetes.
- Approximately one in six African-Americans has diabetes, compared to one in nine white adults.
- One in four over the age of 65 has diabetes in South Carolina. Additionally, one in six has prediabetes in this growing age group.
- One in five adults with less than an \$15,000 annual household income has diabetes.

Diabetes Death

- Diabetes is the 7th leading cause of death in South Carolina. In 2014, 1,234 people died from diabetes, or three deaths every day. African-Americans had more than two times a higher death rate compared to whites.

Hospitalization and Cost of Diabetes

- In 2014, approximately 25,000 hospitalization and Emergency Department visits occurred in South Carolina for diabetes, costing more than \$404 million.
- The cost of care for all South Carolinians with diabetes is estimated to exceed three billion dollars in 2015 and projected to be more than four billion dollars by 2020. Less than one quarter (23.7 percent) of this cost has been paid by private insurance. The public portion will exceed three billion dollars in 2020 (Source: CDC Cost Calculator).

Diabetes Risk and Complications

- Four out of five people with diabetes in South Carolina are overweight or obese
- Seven out of 10 people with diabetes have hypertension
- Two out of three people with diabetes have high cholesterol
- Cases of end-stage renal disease attributable to diabetes have increased by 50 percent in the last 10 years
- Two out of five people with diabetes have not taken a diabetes self-management class

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