PARENTING RESOURCES

IN

RICHLAND COUNTY

JANUARY 4, 1989

Prepared by:
Dee Smalls
Prevention Specialist
S.C. Department of Youth Services
1701 Main St.; P.O. Box 192
Columbia, S.C. 29202
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This booklet has been specifically designed to list what parenting programs, resources/materials and resource persons are available in Richland County for agencies, organizations, institutions, parents and anyone else looking for information on the subject.

Because of the vast need to have a greater focus on early intervention for our youth, improved service delivery linkages throughout all segments of the community and across the board prevention programs that address positive youth development, a more holistic approach to what resources are available must be implemented.

The listings in this booklet are limited and may not presently reflect all parenting programs and resources, however, it will be updated bi-annually and anyone wishing to submit new information please call 253-4050 and/or refer to the blank information form in the back of this booklet.
SOUTH CAROLINA DEPARTMENT OF EDUCATION

808 Rutledge Building  *
Columbia, S.C.  29201

(803) 734-8355

Contact person:  Janet E. Perry, Consultant, Early Childhood Education

Booklets addressing areas of child growth and development available upon request for parents of preschoolers:

'Biscuits and Bandaids - A Booklet About Cooking and Safety'
'Good Feelings Between You and Me'
'How and What Your Child Learns Through Play'
'How To Help Your Child Think and Reason'
'How Your Child Learns About Math'
'How Your Child Learns To Read'
'How Your Child Learns To Talk'
'Parent and Child'
'Read To Your Child'
'Your Child And Your Daily Newspaper'

These booklets promote communication and interaction between parent and child, explaining development and suggesting ways parents can become involved.

Folder for parents of newborns. Provides information on child growth and development and on state services available to parents:

'Now That I've Arrived . . . I Need You More Than Ever'

GENERAL EDUCATION

1429 Senate Street
Rutledge Building, Room 810
Columbia, S.C.  29205

(803) 758-2653

Contact Person:  Ms. Marlene L. Bowling, Elem./Middle School Guidance Consultant

The following material on child abuse and neglect is being used statewide in South Carolina school districts.

   Personal Safety and Decision Making - Grades 5 through 8.
   Committee for Children, Seattle, Washington

2. Housewise/Streetwise
   Victim/Witness Program. Greenville, S.C. Office of Circuit Solicitor

3. How To Be Your Own Best Hero
   S.C. Governor's Office, Crime Prevention Program

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CENTRAL SOUTH CAROLINA CHAPTER OF THE AMERICAN RED CROSS

2751 Bull Street
Columbia, S.C. 29203
(803) 251-6100

Contact person: Yvonne Gilliard, Health Specialist

"Parenting - Your Child From Age 1 to 6"
Eight two-hour sessions teaching parenting and coping skills for parents of children through age 6. (A new parenting program for parents of children beyond age 6 is upcoming.)

BIG BROTHERS/BIG SISTERS OF GREATER COLUMBIA, INC.

1800 Main Street, Suite 3-B
Columbia, S.C. 29201
(803) 733-5480

Contact Person: Angela Clark, Coordinator

Provide one-to-one friendship between responsible adults and young people living in single parent family. Self-esteem stressed.

CLEMSON UNIVERSITY COOPERATIVE EXTENSION SERVICE

2020 Hampton Street
P.O. Box 192
Columbia, S.C. 29202
(803) 256-1678

Contact Person: Rhodan McCollam

"Parenting Renewal"

Nine 1-hour parenting classes for parents of children birth through age 5 are available through local Clemson University Cooperative Extension Service Offices. The two focus areas are: 1) increasing coping strategies, and 2) increasing human relations skills.

The nine lessons (any one combination can be taught separately):

1. Overview
2. Readiness: Guiding Normal Development
3. Esteem: Facilitating A Healthy Concept
4. Nutrition: Developing Good Eating Habits
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1. Overview
2. Readiness: Guiding Normal Development
3. Esteem: Facilitating A Healthy Concept
4. Nutrition: Developing Good Eating Habits
5. Empowerment: Achieving Self-Discipline
6. Wellness: Keeping Children Well and Safe
7. Adaptability: Coping With Parenting
8. Listening: Communicating With Children
9. Supports: Seeking Help

This course is teachable to volunteers. Outline is available. Videos, handouts, and cassettes support the lessons.

Future plans are to expand this program to include parents of children in their teens and potential parents.

COLUMBIA HOUSING AUTHORITY

1917 Harden Street
Columbia, S.C. 29240

(803) 254-3886

Contact Person: Peggy Jennings

Parenting programs are offered at least 2 to 3 times a year for residents that includes issues of child abuse and neglect, teen pregnancy, drugs/alcohol, parenting, coping skills and better parent/child communication. Consultants on the various subjects from the community are usually called upon as resource persons and group leaders.

COUNCIL ON CHILD ABUSE AND NEGLECT

1800 Main Street, Suite 3-A
Columbia, S.C. 29201

(803) 733-5430

Contact Person: Jules Riley, Executive Director
Marion Atkins, Treatment Director

"Welcome Baby"

Community-based volunteer, primary prevention program that offers caring, sharing, and support to parents of newborns through hospital visitation and follow-up contacts during the adjustment period that surrounds the birth of a baby.

Program goals include personal support for the new mother, prevention of child abuse and neglect by providing support and information for all parents, reinforcement of strengths and support for quality parenting, improving emotional preparation for parenthood, and early identification and intervention for families with the potential for maltreatment.
"Friend to Friend"

Community-based, volunteer prevention program that offers support to strengthen families.

Parent Friends help individuals who are at risk of maltreating their children. Within the therapeutic friend relationship, volunteers strive to foster understanding, care, honesty, and stabilizing family relationships through which parents are empowered to improve their child educate, and provide linkage to community services.

"Parent Training Services"

The Parent Training Services consists of two-hour weekly sessions for 12 weeks using the Council on Child Abuse and Neglect Core Curriculum (based on the P.T.S. Core Curriculum from Oregon Children's Services Division).

The volunteer, professional trainers present the curriculum which has been specifically designed for parents experiencing difficulties in their parenting roles. It incorporates a combination of therapeutic and instructional approaches. Skills are taught primarily through short explanations followed by experimental and affective exercises.

DENT MIDDLE SCHOOL

2719 Decker Boulevard
Columbia, S.C. 29206

(803) 788-6110

Contact Person: Louise McFarland, Guidance Counselor

"Parenting Group"

Offered twice a year. Five-week session, 7:15 - 9:00 every Tuesday night in the school library. Five topics are covered: 1) rational parenting, 2) discipline, 3) encouragement/praise, 4) self-esteem, 5) sexual issues children face.

This curriculum is available for parents of Dent students.

LONNIE B. NELSON ELEMENTARY SCHOOL

225 Brickyard Road
Columbia, S.C. 29223

(803) 788-0328

Contact Person: Carol H. Brooks, Guidance Counselor
LONNIE B. NELSON ELEMENTARY SCHOOL (CONTINUED)

"Child Sexual Abuse Prevention/A Workshop for Parents"


PARENTS ANONYMOUS OF SOUTH CAROLINA, INC.

Family Service Center
P.O. Box 7876
Columbia, S.C. 29202
(803) 733-5450

Contact Person: Ms. Catherine Norris, Sponsor

Free, weekly, self-help support group for abusive and potentially abusive parents, facilitated by trained volunteer professionals. Group members focus on alternatives to abusive behavior, self-esteem improvement, stress management. Between meetings, members may call one another for support. Child care available.

Crisis counseling available.

RICHLAND COUNTY SCHOOL DISTRICT I

919 Bluff Road
Columbia, S.C. 29201
(803) 733-6100

Contact Person: Fran Moore, Psychologist
Janet Kerr, Psychologist

Psychologists and guidance counselors provide activities and programs for elementary school parents which focus on effective parenting skills and on helping parents become more actively involved in their child's education. Schools participating offer 4 to 6 activities per year.

ST. LUKE'S LIFE SKILLS CENTER

2211 Lady Street
Columbia, S.C. 29204
(803) 253-6203

Contact Person: Lois Jenkins
"Active Parenting"

Offered once a week. Eight two-hour sessions, 3 times a year, which enables parents not only to understand their children but to lead them, to instill in them courage, to teach them responsibility through natural and logical consequences and to win their respect and cooperation. It teaches participants how to take on active, rather than reactive approach to parenting.

This program is available for parents of youth in DYS institutions, on probation, court ordered and open to the public. Resource persons are also brought in from the community in various sessions.

YWCA OF THE MIDLANDS

1505 Blanding Street
Columbia, S.C. 29201

(803) 252-2151

Contact Person: Patricia Harrison, Director of Women's Resources

"Mother's Center at the YWCA"

Offers mothers a place to meet other women and to share the joys and stresses, ideas and experiences of motherhood. Provides discussion groups, support, encouragement, comfort, and friendship in a confidential and non-judgemental atmosphere.
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<td>Mary Nichols</td>
<td>Nuturing Center</td>
<td>782-3313</td>
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<td>P.O. Box 7712</td>
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<td>Columbia, S.C. 29202</td>
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<tr>
<td>Becky Mace</td>
<td>Family Service Center</td>
<td>733-5450</td>
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<td>1800 Main St.</td>
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<tr>
<td>Susan Maxwell</td>
<td>Guidance Counselor</td>
<td>735-3421</td>
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<td>Hyatt Park Elementary School</td>
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<td>Levola Taylor</td>
<td>208 Goodwin Way</td>
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<td>Gadsden, S.C. 29052</td>
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<tr>
<td>Mary Burton</td>
<td>Support Group Network</td>
<td>791-9227</td>
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<td></td>
<td>2720 Sunset Boulevard</td>
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<td>West Columbia, S.C. 29169</td>
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<td>Dr. Marion Burns</td>
<td>Supportive Services</td>
<td>733-6100</td>
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<td>Columbia, S.C. 29201</td>
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<td>Dr. Jane Sharpe</td>
<td>Assistant Principal</td>
<td>735-3430</td>
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<td>John P. Thomas Elementary</td>
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<td>6001 Weston Ave.</td>
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SELF HELP/PARENTS/EMOTIONAL PROBLEM CHILDREN: Share common concerns, experiences, info., identify resources and advocate effectively: meets 4th Thursday 7:00-8:00 P.M., St. Michael & All Angels Episcopal Church. For more information contact Pam Von Kleist at 733-5425, M. Koontz at 782-8767

PARENTS OF TOUGH TEENS: Helps parents deal with problems confronting teens today—drugs, alcohol, sex, obeying, punishment, etc. *Not currently meeting, for more information contact Debra Carter at 798-6240 or 798-5389.

TOUGH LOVE: Support group for parents of children who are in a crisis or creating major problems. Not affiliated with National Tough Love. Meets Tuesday at 7:30 P.M., Forest Lake Presbyterian Church basement. Call Rosa Putham at 734-9520 (D) and 787-3564 (E) or W. Caskey at 782-6695.

ST. ANDREWS TOUGHLOVE - Offers support and care to families with problem teens; task oriented group; meets at Redeemer Lutheran Church on Thur. from 7:30-9:30 P.M.; contact Julie Dever at 732-3285 or Bill and Mable Easterlin at 772-4691
BOOKS, BOOKLETS AND MATERIALS AVAILABLE

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Columbia, S.C. 29201

(803) 734-8355

Contact Person: Janet E. Perry, consultant, Early Childhood Education

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4. How To Be Your Own Best Hero
5. S.C. Governor's Office, Crime prevention Program
Help! (series) by Harper & Row, Publishers 1986
Edited by Jean Clarke
Dean Gradons
Sandra Sittko
C. Ternand

Without Spanking or Spoiling
E. Crary Parenting Press Seattle, Wa. 1965

The Effective Parent
D. Dinkmeyer, G. McKay, D. Dinkmeyer, Jr., J. Dinkmeyer, J. McKay
American Guidance Service
Circle Pines, Minnesota 1987

Systematic Training for Effective Parenting
American Guidance Services
D. Dinkmeyer & G. McKay
Circle Pines, Minnesota 1982

Responsive Parenting (series)
Saf Lerman
American Guidance Services
Circle Pines, Minnesota 1984

Project Self-Esteem
S. McDaniel & P. Bielen
B.L. Winch & Associates
Rolling Hills Estates, Ca. 1986

Leaflets - Baby Talk
Cooperative Extension Service
U.S. Dept. of Agriculture
Clemson University

Assertive Discipline for Parents
Lee Canter
Canter & Associates
Santa Monica, Ca. 1982

Kids Can Cooperate
Elizabeth Crary
Parenting Press
Seattle, Wa. 1979
PARENTING RESOURCES INFORMATION FORM

Agency/Organization/School ____________________________

Address __________________________________________

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Phone _____________________________________________

Contact Person _____________________________________

Name of Parenting Resource ___________________________

Description _________________________________________

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