So, everyone tells us to lose weight and get more exercise. Perhaps we should just head someplace where we can eat—and play. Someplace where we can eat, drink and be merry!

That someplace would be Myrtle Beach. It’s loaded with fun spots that offer so much activity, usually based around a theme, that the meal becomes an event to entertain the whole family. In particular, here are some great places for food and fun at Broadway at the Beach, one of Myrtle Beach’s favorite playgrounds.

Murray Bros. Caddy Shack
843-444-5506 • Golf, burgers and wonderful fries. What more could one want? With the theme of “Eat, Drink and Be Murraysm,” the restaurant is, as you’d expect, fun, casual and filled with golf and movie “stuff.”

NASCAR® Cafe
843-946-7223 • Great pit stop in the middle of the action. Fill up on ribs, steaks, seafood and sandwiches. But save time to check out the NASCAR memorabilia along Bill France Boulevard and take a few laps in the simulator.

Hard Rock Cafe
843-946-0007 • Who wore or played what when? Just look behind the pyramid, and you’ll find dinner and a whole lot of memorabilia.

From Springsteen’s blazer to Jerry Garcia’s Stratocaster, it’s hanging in the Hard Rock.

Planet Hollywood
843-448-7827 • Like dining with the stars or at least their stuff? The antique Porsche driven in Beverly Hills, 90210 forms the centerpiece of a memorabilia-packed collection. The entrance wall contains the handprints of everyone from Mel Gibson to Clint Eastwood.

Jimmy Buffet’s Margaritaville Restaurant
843-448-5455 • Get ready Parrot Heads, this restaurant is surrounded by Caribbean-themed shops and made livelier by music, street performers and all sorts of ocean-going memorabilia. Don’t forget your Cheeseburger in Paradise!