### **BOOKS TO READ!**

Eating the Alphabet by Lois Ehlert Gregory, the Terrible Eater by Mitchell Sharmat

The Very Hungry Caterpillar by Eric Carle Happy Healthy Monsters: Grover's Guide to Good Eating by Naomi Kleinberg

How Are You Peeling? Food with Moods by Saxton Freymann and Joost Elffers

Food Play: A Collection of Pictures by Saxton Freymann

Eat Your Peas, Ivy Louise! by Leo Landry Never Let Your Cat Make Lunch for You by Lee Harris

**Bread and Jam for Frances** by Russell Hoban

Little Pea by Amy Krouse Rosenthal How Do Dinosaurs Eat Their Food? by Jane Yolen

Food Hates You, Too, and Other Poems by Robert Weinstock

In the Night Kitchen by Maurice Sendak
The Seven Silly Eaters by Mary Ann Hoberman
The Beastly Feast

by Bruce Goldstone and Blair Lent We Had a Picnic This Sunday Past by Jacqueline Woodson

# South Carolina Spotlight: Kate Sallev Palmer

Kate Salley Palmer was born in Orangeburg and graduated from USC. She was the first full-time editorial cartoonist in South Carolina, starting in 1978, winning many awards in her career. In 1984, she began writing and illustrating children's books, and in 1998, started Warbranch Press with her husband. Perhaps one of the most well-known is *Palmetto - Symbol of Courage* which tells the story of South Carolina's state tree. The third grade at Ashley Hall school in Charleston was so inspired by Kate's book that they wrote an original play, complete with music. based on the story of the little palmetto log fort on Sullivan's Island. Kate and her husband Jim, a retired Clemson University professor live near Clemson, SC. On being an author, Kate has said, "I became a writer because I started to read at a very young age."

# **Around the State!**

Edisto Riverfest, Colleton State Park, Canadys (Colleton County)

Watermelon Festival, Hampton, (Hampton County)
Conway Riverfest, Conway (Horry County)

South Carolina Festival of Flowers, Greenwood (Greenwood County)

Ridge Peach Festival, Trenton (Edgefield County)
Party in the Pines, Whitmire (Newberry County)
South Carolina Peach Festival, Gaffney
(Cherokee County)

Outdoor Summer Series, Cheraw (Chesterfield County)



# June: Food

**Farmer's markets** are a great way to find fresh, locally-grown fruits and vegetables. They can also be fun places for children to explore and learn about different foods grown in South Carolina. Be sure to look for farmer's markets in your area throughout the summer!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spend some time making a meal together. Talk about what kinds of food you are making and let your child help.	Talk about the food pyramid. See if your child remembers the five levels.	Use animal crackers to host an animal cracker circus!	Go outside and make mud pies. Count them forward and backward but don't eat them.	Find a can or box in the house and use it to practice reviewing the alphabet.	Find a package of dried beans. Use them to practice counting. You can use them again later in the month.	A great day to visit the library! Sign up for the Summer Reading Program and check out all kinds of wonderful books.
Make a card for a father, grandfather, or a friend's father.	Make popsicles by putting juice into ice cube trays and placing a toothpick in each cube. Freeze and eat!	When you go to the store, spend time pointing out the colors of the foods and their names.	Sing a Song! On top of spaghetti all covered with cheese. I lost my poor meatball when somebody sneezed.  It rolled off the table, it rolled on the floor, And then my poor meatball rolled out of the door.	Read a book about food. When you are done have your child retell you the story.	Cows are wonderful! Enjoy a glass of milk and draw a picture of a cow family.	Try and bake something together. If you can't bake for real, then just pretend! Practice measuring things.
Go outdoors and enjoy a picnic. How many square items do you have and how many circles do you have?	Talk about yesterday's picnic. Describe some of the foods you ate. Act out a story about the foods at your picnic.	Find a book or items in your house to help you talk about the sense of taste, like sweet, salty, and sour.	Play with your peas! How many peas fit on a spoon? Put them on, count, then eat!	Name as many kinds of fruits and vegetables as you can and talk about what color they are.	Go outside and march around and sing  The Farmer in the  Dell. Make up the rest of the lyrics.  The farmer in the dell  The farmer in the dell  Hi-ho, the derry-o  The farmer in the dell	Make paper plate pizzas. Use a paper plate as the pizza and you can draw or cut out shapes to "make" the pizza.
Make a food alphabet book. Fold over paper, and either draw or cut out pictures of food items.	Sing a song! Change out muffin for other food words. Clap along. Oh, do you know the muffin man, the muffin man, Oh, do you know the muffin man, That lives on Drury Lane?	Add celery stalks to colored water in a glass and watch what happens!	Eat an apple or piece of watermelon and count the seeds.	Pick a letter and eat three foods with that letter. Talk about why they are good for you when you eat them.	Celebrate the birthday of the song Happy Birthday.  Sing Happy Birthday and use family names. You can also check out from the library: Happy Birthday to You!: The Mystery Behind the Most Famous Song in the World by Margot Theis Raven and Chris Soentpiet.	Make some food music. Put beans (or something similar) in a cup and tape the top to make a shaker. Then use your shaker and sing as many food songs as you can think of! If you have other food music, feel free to dance!
Cut a potato in half and use it to make potato prints. Decorate the shapes.	Mother Goose Time!  Mr. East gave a feast; Mr. North laid the cloth; Mr. West did his best; Mr. South burnt his mouth With eating a cold potato.	Eat something from a square or rectangle box. Point out the shapes.	Show your child how to tell the temperature outside by reading a thermometer. Talk about hot and cold and why some foods need to stay cold.	Talk about Southern foods. Can you make boiled peanuts or iced tea together?	Play with your food! You can make apple smiles by cutting apple quarters into halves, or try making ants on a log.	Try and visit a local farm, farmer's market or garden so you can talk about food.



# **BOOKS TO READ!**

Angelina Ballerina by Katharine Holabird

The Philharmonic Gets Dressed by Karla Kuskin

*Mozart Finds A Melody* by Stephen Costanza Ah, Music! by Aliki

The Little Drummer Boy by Ezra Jack Keats Song And Dance Man by Karen Ackerman

Berlioz The Bear by Jan Brett Bantam Of The Opera by Mary Jane Auch The Cat Who Loved Mozart by Patricia Austin

Gershwin's Rhapsody In Blue by Anna Harwell Celenza

Grandma's Feather Bed by Christopher Canyon

Sunshine On My Shoulders by John Denver and Christopher Canyon

My Friend The Piano by Catherine Cowan My Family Plays Music by Judy Cox

The Cello Of Mr. O by Jane Cutler Ruby Sings The Blues by Niki Daly

When Marian Sang: The True Recital Of **Marian Anderson** by Pam Muñoz Ryan

Woody Guthrie: Poet Of The People by Bonnie Christensen

Teddy Bear, Teddy Bear: A Classic Action Rhyme by Michael Hague

John Denver's Ancient Rhymes: A Dolphin Lullaby by Christopher Canyon and John Denver

*Olivia Forms A Band* by Ian Falconer *M Is For Music* by Kathleen Krull

Punk Farm by Jarrett J. Krosoczka

Swine Lake: Music and Dance Riddles by Charles Keller

For Our Children: A Book To Benefit The Pediatric AIDS Foundation by Jan Brett and Eric Carle

Perfect Harmony: A Musical Journey With The Boy's Choir Of Harlem by Charles R. Smith Jr.

# **Around the State!**

Independence Day/4th of July festivals and celebrations in many communities

Watermelon Festival, Pageland (Chesterfield County)

Jammin' in July Music Festival, Camden, (Kershaw County)

Water Festival, Beaufort (Beaufort County)

Festival of Discovery, Greenwood (Greenwood County)

Lexington County Peach Festival, Gilbert (Lexington County)

# July: Music



South Carolina Spotlight: Born in Cheraw, Jazz King Dizzy Gillespie is one of South Carolina's most famous artists. This founder of modern jazz was an innovative trumpeter known for his bent horn, bulging cheeks, and sense of humor. The town of Cheraw on the anniversary of his 85th birthday dedicated a seven foot bronze statue of Gillespie playing his trademark bent horn on the Town Green, designed by Ed Dwight. The inscriptions at the base highlight Gillespie's extraordinary musical career. Gillespie's image is almost inseparable from his trademark trumpet whose bell was bent at a 45 degree angle rather than a traditional straight trumpet. You can see his equally famous B-flat trumpet in the Smithsonian's National Museum of American History. Photo courtesy of the town of Cheraw.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
See if you can find some peaches to enjoy! Can you make up a poem about the peach? Talk about color and flavor.	Play Pat-a-Cake and other clapping rhymes. How many do you know?	Sing Patriotic Songs including <i>This Land</i> is Your Land.	Talk about musical theater. Do you have a favorite musical? If you have some music from the show, play it for your child.	Sing and do the motions for Head, Shoulders, Knees, and Toes. What other songs do you like?	Count out ten dry beans or pieces of pasta. Put them between two paper plates and staple the plates to make a rattle.	Fill glasses with different levels of water. Play them with a spoon or rub the outside of the glass with your wet finger to hear different sounds.
Go outside and jump rope or do jumping jacks. Sing songs or rhymes as you jump. Little ones can jump in place.	Put on any kind of music and find the rhythm. Practice clapping to the beat.	Put on quiet music and practice stretching. You can count quietly as you stretch together.	Create a dance together. Explain what you're doing.	Play pretend instruments like piano, guitar, flute, and drums.	What are your favorite lullabies? Spend time singing or listening to them.	Visit the library! Pick out books about music and bring home some musical CDs.
Play musical chairs change up the rules to fit how many people you have. If everyone is little, try the <i>Hokey Pokey</i> .	With your child, listen for and point out the different kinds of noises you hear today.	Sit down and sing The Wheels on the Bus and She'll Be Coming 'Round the Mountain. Do the hand motions.	Put on music. Practice dancing or moving fast, then slow. Keep repeating.	Sing a song to your child in the morning to wake them up.	Draw pictures of animals that sing.	Talk about how you sing in "a round." Try singing in a round to Row, Row, Row Your Boat.
Take a walk outside. Do you hear nature's music? Talk about it.	Read some books about music, especially ones that might come with an audio CD. What do you like best?	March and sing The Noble Duke of York.	Draw a picture. Have your child sing a song about the picture.	Mother Goose Time!  Sing, sing, What shall I sing? The cat's run away With the pudding string! Do, do, What shall I do? The Cat's run away With the pudding too!	What in your house can become musical instruments? Walk around and see. You can go outside and look too!	Have you been to a live concert or recital? Talk about those jobs where people perform in front of an audience. If you have live music, put it on and listen together.
Spend some time cooking or baking something. Put on music and either listen or sing together.	Try learning the song Down by the Station.  Down by the station Early in the morning See the little puffer bellies All in a row. See the stationmaster Pull the little handle Chug! Chug! Whoo! Whoo! Off we go!	Dance to beach music. Does anyone in your family know how to dance the Shag?	Kids get to choose the music today. Have them tell you why they are picking the music.	Try introducing your child to jazz and classical music today. Have them tell you what they are thinking about when they listen.	During bathtime, sing the song Where is Thumbkin? Follow Thumbkin with Pointer, Longman, Ringman, and Pinkie. Then sing This Little Piggy for your toes.	Make your own band!  Turn over paper plates and play them with straws as drums. Use the paper plate rattles from earlier in the month. Make rhythm sticks with paper towel or toilet paper holders, tape, and beans or pasta.



## **BOOKS TO READ!**

Fancy Nancy by Jane O'Connor
Harold and the Purple Crayon
by Crockett Johnson
The Gingerbread Boy by Paul Galdone
Twelve Tales from Aesop by Eric Carle
Lulu by Charlotte Steiner
When I'm Big by Sam McBratney
Not a Box by Antoinette Portis
Not a Stick by Antoinette Portis
Go Away, Big Green Monster by Ed Emberley
Pete's a Pizza by William Steig

Emma Kate by Patricia Polacco
Anno's Alphabet by Mitsumasa Anno
Anno's Magical ABC by Mitsumasa Anno
I Love You, Stinky Face by Lisa McCourt
Let's Pretend by Margaret Miller
In the Night Kitchen by Maurice Sendak
Where the Wild Things Are
by Maurice Sendak
Henry's Amazing Imagination
by Nancy Carlson
Imagination: A Journey of the Mind
by Dawn Anfuso

Puff, the Magic Dragon by Peter Yarrow, Lenny Lipton, and Eric Puybaret
The Different Dragon by Jennifer Bryan, Bobbie Combs, and Danamarie Hosler
How Do Dinosaurs Say Goodnight?
by Jane Yolen and Mark Teague
How I Became a Pirate
by Melinda Long and David Shannon
Cindy Ellen: A Wild Western Cinderella
by Susan Lowell and Jane Manning
Giddy Up, Cowgirl by Jarrett J. Krosoczka
Madlenka by Peter Sis
Grandpa's Great City Tour
by James Stevenson

South Carolina's place names have many influences. Without leaving the state, you can travel to Denmark or Bordeaux, ascend to Rock Hill or Mount Pleasant to ask St. Paul or St. George about Goat Island or Clover. Perhaps you'll be thinking of those fair ladies Hannah, Lydia, or Ruby; the men Elliott, Floyd, and Dale; or our illustrious leaders Jefferson, Jackson, and Clinton. Whether you find yourself in Six Mile or Ninety Six at the Peak or Rocky Bottom, while playing with Buffalo or strolling Southern Shops, you might dream about Liberty, Prosperity, and Lucknow. All of these places are located in South Carolina and they all have a story. Take a few minutes to find out about the place names of your community and share as a family want of the surge to be welcome in Welcome. SC!

# **August: Imagination**

"One of my favorite quotations is Frederick Douglass's belief that 'Once you learn to read, you will be forever free.' In my life, reading has made me free to experience the worlds of others through fiction, non-fiction, poetry, and plays. And reading has made me free to become a writer myself. I hope that my words will inspire others the way that Frederick Douglass inspired me."

— Dianne "Dinah" Johnson, South Carolina author of many books including *Quinnie Blue* 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Can you make up a recipe together and cook something fun? Try and use healthy ingredients!	Make a fort or castle with pillows or blankets and play in it.	Tell a story together. Take turns saying what will happen next.	Go outside, lie on the ground, and look up at the clouds. What do the clouds look like? Watch them move and keep saying what you see.	Can you make a hat out of things in your house? Where would you wear your hat?	Have an imaginary tea party with your child. Sing <i>I'm a Little Teapot</i> together.	Visit your library. Pick out some favorite books. Will you be going to school this year? If so, read Miss Bindergarten Gets Ready for Kindergarten and Miss Nelson is Missing. Take home books by Donald Crews for tomorrow.
Take out the Donald Crews books and let your child tell you a story to go with the pictures.	Draw a picture of an imaginary animal like a unicorn or dragon, or make up your own and name it.	Read half of a story together then let your child make up the ending.	Do you have a broom or stick? Pretend it is a horse and ride around the driveway or yard. Talk about horses and what you know or like about them.	Make up a short song about August and sing it together.	Neil Armstrong went to the moon this month. Draw a picture of what you think lives on the moon.	"Paint" on the sidewalk or dirt using water, and watch it evaporate. If you have chalk, you can also write with chalk.
Read a book and ask your child to imagine what would have happened if the characters in the story made different choices.	Pretend you're seeds and then grow into a flower. Sing to the tune of <i>The Farmer in the Dell</i> .	Ask your child what they would like to be when they grow up and have them draw a picture.	Talk about how August makes you feel. Then pretend it is Winter. How do you feel now?	Make bubble solution with dish detergent. Sit outside and blow bubbles. Do you see any shapes in the bubbles floating by?	Set up a pretend kitchen and cook something with your child. Talk about keeping things clean and washing your hands.	Play Guessing Box! Use a tissue box or cut a hole in a box. Pick out items together to put in the box. Let your child put his or her hand into the box and without looking, guess what the object is. Encourage your child to describe the way the object feels using words like soft, hard, bumpy, smooth, or squishy.
Do you have old clothes? Play dress up together and put on a little show. If you have babies, play peek-a-boo with a handkerchief.	Travel in your mind! Use your imagination to go on a South Carolina trip. Where would you go? What would you see?	Read a book with your child. Ask them to imagine what happens after the book ends.	Use dolls, action figures, or stuffed animals to act out a story.	Mother Goose Time! Do the hand motions to Hickory Dickory Dock.  Hickory, Dickory, Dock. The mouse ran up the clock. The clock struck one. The mouse ran down. Hickory, Dickory, Dock.	Song night! Sing Do Your Ears Hang Low? with hand motions.  Do your ears hang low?  Do they wobble to and fro?  Can you tie them in a knot?  Can you tie them in a bow?  Can you throw them o'er your shoulder  Like a Continental Soldier?  Do your ears hang low?	Set up a pretend fruit and vegetable stand. Talk about how many things your child will "buy."
A Family Masterpiece! Cover the floor with paper and have everyone draw to make one large picture. If you have small pieces, then make a family paper quilt.	Imagine that a box or laundry basket is a car for your child. Make car noises and talk about the parts of the car.	Read some fairy tales together. If you don't have any, make up your own story about a character from a fairy tale.	Use your fingers to make bunnies. Act out a finger play that you make up!	Create a made up animal from salt dough. What does it look like? What is it called and why?	Bring some objects with you into the bath tub. Play with them. Tell a story with them about their life in the water.	Take a walk outside and play <i>I Spy</i> .

# **Storytelling Tips**

For those of you who want to engage your child in storytelling, here are a few tips.

- Allow your child to help select the book or story; you may enjoy using fairy tales and folk tales.
- Make sure you are familiar with the order of the story. You can always enhance a story but you should know by heart the general storyline.
- If you are going to tell stories to a child or group of children, you might want to practice in front of a mirror. If your child wants to tell you a story, just let them go, encouraging them and assisting their confidence.
- Do act out the characters! The more you can use voices, inflection or facial expressions, the more you can engage your child.
- Whether you are telling a story for one child or many, feel free to bring them into the story. You can use their names or ask them what they think happens next.
- Enjoy yourself and have fun!

# Tips for Reading Out Loud

- Set the Mood: When you are ready for your story time, make yourself and your child comfortable.
   Let them know you are ready. Perhaps let them choose the stories. It is good to try and get into a routine of when you might read together, such as at bedtime. You and your child should not be too active nor too tired.
- Preparation: Look over the book before reading it, so you feel comfortable with it. Hold the book the correct way, right side up, so the child can see.
- Expression: Change your voice for different characters—use accents or inflection. Let your voice get soft and loud. Put some life and energy into your reading.
- Have Patience: Take time to answer your child's questions. Their questions mean they are
  engaged in the story. It's ok if your young child can't sit still through the story. A child who
  moves around or plays with a quiet toy may still be hearing every word.
- Participation: Let them repeat phrases with you or leave out a word here and there and see if they can fill in the blank. You can also change up the story by not reading it word for word but use the pictures to help you tell the story. This is also a good way to ask your child what is happening or what happens next.
- Pace: Don't race while reading. Take your time. If time is a problem, read a shorter story.
- Remember that reading is fun and sharing time together is one of the best gifts you can give your child.

# **Sharing Books with Babies**

- Pick a time when you and your child are in a good mood, ready to enjoy your time together.
- Choose a quiet spot. Turn off the TV and the radio. Your voice is your child's favorite sound! In particular, babies enjoy a soft, sing-song voice.
- Don't worry if you think you are not a good reader yourself. The books for young children are not hard. Even if you just talk about the pictures, you and your child will gain enjoyment from the experience of reading together. If you enjoy the books, so will your child!
- Hold your baby in your lap and be sure he or she can see the pages. Feel free to let your baby interact. Ask questions and point out objects.
- Do not be upset when your baby grabs the book and begins to chew on it. That is normal! Babies like to play with books and this is how they get to know the book—by chewing on it, throwing it down, and playing with it. It is perfectly natural. If your baby puts a book in his or her mouth, you might try to gently and slowly take the book away from the baby's mouth and cheerfully say, "Let's see what's in this book!" If your baby just wants to play with the book, that's fine. Perhaps you can try reading it together later.
- Since babies are still developing, sometimes they have trouble focusing. Board books are popular for babies because they are small and sturdy and made with a heavier cardboard. As babies learn to grasp things, pick light, washable cloth, or vinyl books.
- The books you choose should have bright, colorful pictures, geometric shapes, and clear pictures including human faces with high contrast between the picture and the background.
- As babies become interested in what's inside a book, you can choose books with familiar
  objects or routine events like taking a bath or going to bed. Older babies like books with
  textures, things to touch or flaps to lift.
- Babies of any age enjoy homemade books and family photo albums.
- Spend time every day reading a book with your baby. Let your baby play with a book. Keep a
  book in your diaper bag so you can pull it out when it is convenient. You can read more than
  once a day!
- Reading out loud helps babies to associate reading with warm, pleasant feelings and sounds and rhythm, especially through rhymes like Mother Goose and poetry. Babies make sounds first — gurgling, cooing — which eventually become talking. They point, touch, and chew on the books which help to develop their senses.

# Sandpipers

Tide turns.

Waves climb up the shore and break. Sandpipers skitter, snatching squiggly snacks.

— Linda Lucas Walling



## Union

The Rose Hill Plantation State Historic Site in Union features a plantation house, other plantation buildings, and rose gardens.

# Laurens

The Musgrove Mill State Historic Site is located near Clinton and frequently holds special events and living history programs.

# Chester

cherokee

newberry

The Landsford Canal State Park in Catawba has a resident pair of bald eagles.

UOIK

## Lancaster

The Andrew Jackson State Park in Lancaster includes a museum and an 18th century schoolhouse replica.

# Sumter

The Swan Lake Iris Gardens in Sumter are home to eight swan species, Japanese irises that bloom in late May, and feature a playground with an antique fire engine.

darlington

# Fairfield

The Lake Wateree State Recreation Area is located on Desportes Island and features a playground and other attractions.

# Dillon

The Little Pee Dee State Park is located on Lake Norton.

## Florence

horry

The Woods Bay State Natural Area in Olanta preserves dillon one of the last remaining large Carolina Bays.

# Abbeville

**McCormick** 

The Baker Creek State Park in

McCormick offers the chance to see local wildlife like waterfowl, deer, and turkeys.

oconee

anderson

The Calhoun Falls State Recreation Area is located on Lake Russell.

# greenwood

saluda

aiken

laurens

Einfield

lexington calhoun

kershaw

chesterfield

clarendon

Horence\marion

marlboro[

Williamsburg

# georgetown orangeburg

berkeley

# The Kingstree Pig Pickin' Festival is held every year in October.

# Saluda

Ridge Spring hosts a Harvest Festival every October.

greenvill

# Bamberg

The Rivers Bridge State Historic Site in Ehrhardt preserves a Civil War battlefield.

# Allendale

Jasper Johns was raised in Allendale, South Carolina, attending USC for three semesters before moving to New York. Early works used simple images such as flags, maps, letters, and numbers. Johns is one of the most significant and influential American painters of the twentieth century and also ranks as one of the greatest printmakers of any era.

barnwell

colleton

# hampton

jasper

## Berkeley The Old Santee Canal Park in Moncks Corner hosts events throughout the year.

# Dorchester

The Colonial Dorchester State Historic Site in Summerville features preserved remains of pre-Revolutionary Dorchester.

# lasper The Blue Heron Nature Center in Ridgeway has

# a Learning Center and butterfly garden.

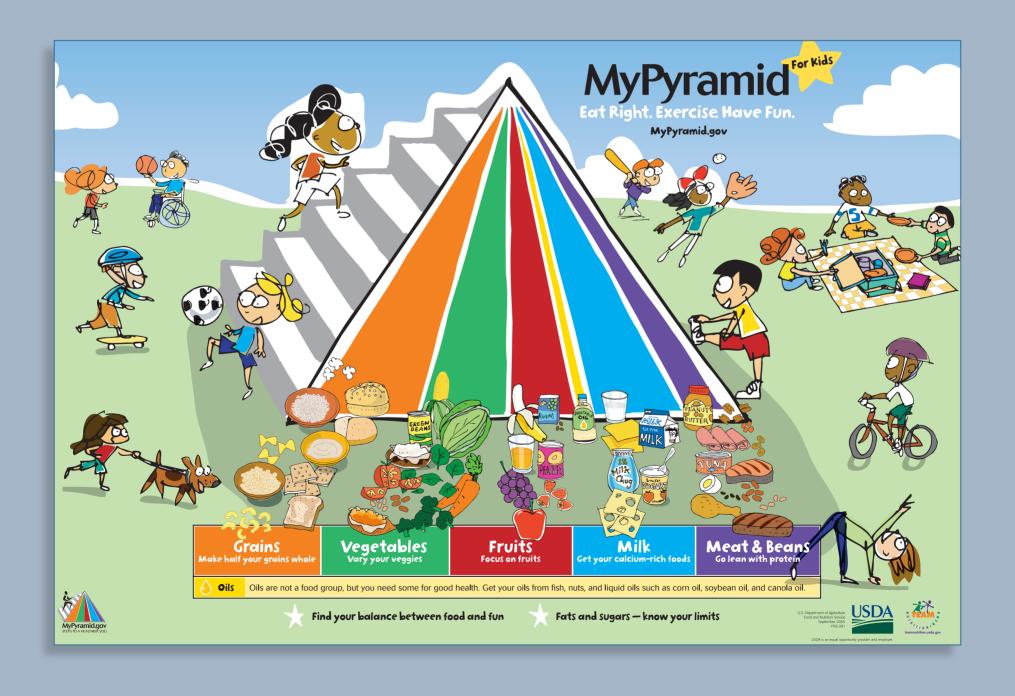
# Calhoun

The Congaree Bluffs Heritage Preserve, located near St. Matthews, is open year round during daylight hours.

# More Events and Activiti

Don't forget to visit your local public library for more information about these or any other events around the state. You will find a public library in each county in South Carolina. The South Carolina State Library is located in Columbia, SC.

# USDA Food Guide Pyramid



"Music, music, music" are the words to an old song. The connection to music is in each one of us. Many studies have shown how much of an impact music can have on a child's development. Children can respond to music in the womb and by a few months old, their physical movements like wiggling or verbal reactions such as cooing, demonstrate their like, or dislike, of a particular song, melody, or rhythm.

By the age of two, the brain signals to the body to help develop a sense of physical rhythm as well as movement like marching and dancing.

# Try out these alternative words for the song *A-B-C*, *1-2-3* by the Tokens

(You can sing the fun words together:
Dilly dilly dum dum dum dilly dilly
Don't forget to clap your hands and even do the twist!)

A B C D E F G
I'll Read To You And You Read To Me

1234567

Books Give You Wings — They're A Bit Of Heaven

7654321

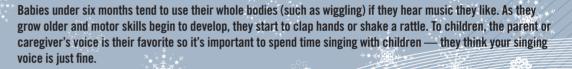
Books Give You Roots That Reach For The Sun

GFEDCBA

Hooray We're Going To The Library Today

"Music is as inherently motor as it is auditory. Many of us 'conduct' while listening to classical music, hum along with show tunes or dance to popular music."

Mark Jude Tramo musician and scientist



Enjoy music, sing, play, dance and move with your babies in a wide variety of ways throughout the day. As your child grows older, remember that you don't always have to listen to "children's" music. There are a lot of different kinds of music in which to expose your child including classical, world music, reggae, and oldies. Songs like "Yellow Submarine" by the Beatles, "Getting To Know You" as sung by James Taylor, will.i.am's "Move It" from the film *Madagascar*, "Love Me Do" by the Beatles and "Give A Little Love" by Ziggy Marley are all fun and upbeat songs that you can dance to with your children. Other pop songs like "All Night Long" by Lionel Richie and "You Can Call Me Al" by Paul Simon have wonderful drumming and rhythm sections — you can use homemade shakers to match the beat or just let them dance around in a joyful and expressive way.

Recently there have been more mainstream rock and pop bands releasing albums for children or compilations of artists recording children's songs. There is also a series called Rockabye Baby which includes fullaby versions of contemporary or classic rock bands such as Coldplay and Pink Floyd. If you are a traditionalist and prefer children's music by children's artists, don't forget the favorites like Sesame Street, the Baby Einstein series, Laurie Berkner and music from the Nick Jr. television shows and Disney television shows and movies. A few other recommendations are below.

# Some Recommended Children's Music

Here Come The 123s by They Might Be Giants
Here Come the ABCs by They Might Be Giants
Kids' Favorite Songs by Sesame Street
Playhouse Disney: Imagine and Learn with Music
by Disney

**Baby Loves Hip Hop Presents the Dino-5** by Various Artists

Jazz for Kids: Sing, Clap, Wiggle and Shake by Various Artists

World Playground by Putumayo Presents (Series)

Calling All Movers by Imagination Movers

A Bailar! Let's Dance! — Spanish Learning Songs Canciones Infantiles by Jorge Anaya

Pop Goes the Wiggles! Nursery Rhymes by The Wiggles

Toddler by Sara Hickman
SnackTime by the Barenaked Ladies

Gift Of The Tortoise: A Musical Journey Through Southern Africa by Ladysmith Black Mambazo and Music for Little People

Smithsonian Folkways Children's Music Collection by Various Artists

# Arts & Grafts

# Salt Dough

1 cup of salt 1 cup of flour 1/2 cup of water (may add more)



## Instructions:

In a large bowl, combine the salt and the flour.

Make a well in the salt/flour mixture and add the water.

Knead until smooth and shape into a ball.

When not in use, wrap in plastic or store in an airtight container.

HINT: To get a softer dough you can add more flour. Add more salt to get more texture. To add color to your dough, add food coloring or paint. Knead to get an even color.

# **Cornstarch and Soda Clay Dough**

2 cups baking soda 1 cup cornstarch 1 <sup>1</sup>/<sub>4</sub> cups cold water

### **Instructions:**

Combine all ingredients in saucepan, stirring until smooth. Bring to boil and boil one minute, stirring until clay is the consistency of mashed potatoes. Pour out onto a cookie tray and cover with a damp cloth until cool. Knead lightly, adding food coloring, if desired. Use immediately or store, wrapped airtight, in refrigerator.

# **Paper Plate Mask**

# What you will need:

- Paper plates
- Construction paper
- Scissors
- Markers
- String
- Glue



### Instructions:

Cut two circles out of the paper plate for your eyes. Decorate the paper plate with crayons, markers, colored pencils, or even cut outs from magazines. Use construction paper to cut out shapes for ears, trunk, or nose. Using scissors or a hole punch, make two small holes near the side of the plate to attach string. Pull the string and make a knot, then take both pieces to tie around the back of your child's head. Be creative with what you have to decorate the mask. Stickers, pieces of fabric, feathers, or other items make great decorations.

# **Colored Bubbles**

1 cup granulated soap or soap powder 1 quart warm water Liquid food coloring Plastic straws Small juice cans

Dissolve soap in warm water. Stir in food coloring until desired color is attained. Give each child a can about 1/3 full of mix and a plastic straw to blow the bubbles. (Please be careful not to drink the bubble solution!)

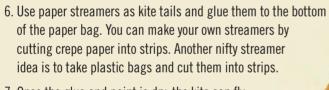
# **Paper Bag Kites**

## What you will need:

- Large brown paper grocery bag
- Strong string
- Scissors
- Hole punch
- A number of paper ring reinforcements (the kind you use on paper in binders from any office supply store. You could also substitute masking tape.)
- School glue or paste
- Paint (any kind)
- Crayons, markers, or colored pencils
- Paper streamers or crepe paper that you can cut into strips
- A few found objects (bits of paper, glitter, buttons nothing too heavy)

## Instructions:

- 1. Begin by taking the hole punch and making four holes in the top of the paper bag
   one in each of the corners. Add paper ring reinforcements to the holes, or put a
  small piece of masking tape over the hole and poke through with a pencil. This will
  ensure that your holes don't tear through.
- 2. Next, cut two lengths of string about 30" each.
- 3. Tie each end of the strings through a hole in the bag. The goal is to create two loops.
- 4. Next, cut another piece of string again around 30". Loop this new piece of string through the two loops you created and tie in a knot. This piece of string will become the handle of your kite.
- 5. You are now ready to decorate the paper bag kite using paint, markers, or whatever else you desire. You can paint designs on the kite or turn the kite into a fish by adding eyes, gills, and fins. You can glue different items to the kite but be sure not to load the kite down with heavy items -- or it will have a hard time staying up in the air.



7. Once the glue and paint is dry, the kite can fly. Hold on tightly to the string handle and run so that the wind catches the kite. When the bag fills with air it will float and flutter behind you.

8. As a variation, you can add a longer handle string to the kite so it will fly higher in the air.



Creative Crafts for Kids
by Gill Dickenson and Owen Cheryl

The Jumbo Book of Easy Crafts by Judy Sadler and Caroline Price

Look What You Can Make With Paper Plates by Margie Hayes Richmond and Hank Schneider

Little Hands Create!: Art and Activities for Kids ages 3 to 6 by Mary Dall

Kids Create!: Art and Craft Experiences for 3- To 9-Year-Olds by Laurie Carlson

The Little Hands Art Book
by Judy Press and Loretta Trezzo Braren

The Little Hands Big Fun Craft Book: Creative Fun for 2- To 6-Year-Olds by Judy Press and Loretta Trezzo Braren

Little Hands Paper Plate Crafts: Creative Art Fun for 3 to 7 Year-Olds by Laura Check and Norma Jean Martin-Jourdenais

First Art: Art Experiences for Toddlers and Twos by MaryAnn F. Kohl, Renee F. Ramsey, Dana Bowman, and Katheryn Davis

Crafting Fun: 101 Things to Make and Do with Kids by Rae Grant

Big Book of Kids' Crafts
by Better Homes and Gardens

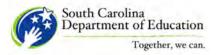
Easy Origami by John Montroll

The Kids' Multicultural Art Book: Art & Craft Experiences from Around the World by Alexandra M. Terzian

Pelicans

Breeze drifts soft across the waves.

Pelicans float in ebb and flow,
jagged lines
across the sky.



Dear South Carolina Families:

Research shows that children who engage in early learning interactions with a parent or adult increase their vocabulary. These interactions directly affect the way a child's brain develops and can result in better school readiness, more successful experiences in school, and the desire to become a lifelong learner.

The SC Family Literacy Calendar, South Carolina Day by Day, includes various family activities that are engaging and provide children with the skills and strategies necessary to begin their lifelong journey of learning. Enjoy opportunities for literacy development as your family uses this calendar full of daily, fun educational activities.

Sincerely.

State Superintendent of Education

# Recommended Spanish- Suggested Books Language Children's Books/Libros infantiles

Buenas noches, Luna by Margaret Wise Brown Día de mercado by Lois Ehlert ¡Fiesta! by Ginger Foglesong Guy La hora de acostarse de Francisca by Russell Hoban La tortillería by Gary Paulsen Los pollitos dicen by Nancy Abraham Hall and Jill Syverson-Stork Oso pardo, oso pardo ¿qué ves ahí? by Bill Martin Jr. La piñata perfecta by Kelli Dominguez La lagartija y el sol by Alma Flor Ada ¿El canguro tiene mamá? by Eric Carle De Colores and Other Latin-American Folk Songs for Children by José-Luis Orozco Harold y el lápiz color morado by Crockett Johnson Las nanas de abuelita by Nelly Palacio Jaramillo La silla de Pedro by Ezra Jack Keats Llaman a la puerta by Pat Hutchins Algo especial para mí by Vera B. Williams Pérez y Martina: un cuento folklórico Puertorriqueño by Pura Belpré Si le das una galletita a un ratón by Laura Numeroff

Gorrión del metro by Leyla Torres La mariguita malhumorada by Eric Carle Donde viven los monstruos by Maurice Sendak Las abuelas de Liliana by Leyla Torres Mi carrito by Alma Powell Magic Windows/Ventanas mágicas by Carmen Lomas Garza

Doña Flor: Un cuento de una mujer gigante con un gran corazón by Pat Mora

For more information about the usage of Spanish Language go to the Real Academia de la Lengua http://www.rae.es

# for Little Ones

Big Yellow Sunflower by Frances Barry Dear Zoo by Rod Campbell This Little Chick by John Lawrence

"More More More," Said the Baby by Vera B. Williams

Ape in a Cape: An Alphabet of Odd Animals by Fritz Eichenberg

Brown Bear, Brown Bear, What Do You See? by Bill Martin Jr.

Pancakes for Breakfast by Tomie dePaola Tails by Matthew Van Fleet

Monday the Bullfrog by Matthew Van Fleet From Head to Toe by Eric Carle

Jamberry by Bruce Degen

It Looked Like Spilt Milk by Charles Green Shaw

*I Went Walking* by Sue Williams

Black on White by Tana Hoban

Red, Blue, Yellow Shoe by Tana Hoban

Zoom City by Thacher Hurd

Counting Kisses by Karen Katz

Hippos Go Berserck by Sandra Boynton

Goodnight Moon by Margaret Wise Brown

Owl Babies by Martin Wadell

Tickle, Tickle by Helen Oxenbury

The Napping House by Audrey Wood

Piggies by Audrey Wood

William, Where Are You? by Mordicai Gerstein

The Blanket by John Burningham

Goodnight, Goodnight by Eve Rice

Peekaboo Morning by Rachel Isadora

When Sophie Gets Angry . . . Really Really Angry

by Molly Bang

# **Helpful Contacts, Websites and Reading Resources**<sup>3</sup>

\*These are a few in different areas or statewide. Each community often has similar resources so check with your local libraries or social service agencies for referrals in your own community.

### South Carolina First Steps: 803-734-0479

http://www.scfirststeps.org

### South Carolina Head Start: 803-898-2550

http://childcare.sc.gov/main/general/programs/headstart.aspx

### SC Department of Education

- Early Childhood Education: 803-734-8477 http://ed.sc.gov/agency/Standards-and-Learning/ Instructional-Promising-Practices/old/ece/
- Child Find: 803-734-8223 http://ed.sc.gov/agency/Standards-and-Learning/ Exceptional-Children/old/ec/childfind.html
- Even Start: 803-734-3540 http://ed.sc.gov/agency/Innovation-and-Support/ Community-and-Parent-Services/Even-Start/index.html
- Good Start Grow Smart: 803-734-8391 http://childcare.sc.gov/main/docs/gsgs\_ finalbook 022608.pdf http://childcare.sc.gov/main/docs/ ParentGuidetotheStandards8.6.08.pdf

### SC Department of Heath and Environmental Control (SC DHEC)

- Nutrition: 866-369-9333 http://www.scdhec.gov
- Child Passenger Safety Program: 803-545-4349 http://www.scdhec.gov/health/chcdp/injury/child\_ passenger safety.htm
- Health & Environmental Issues for Children Under Six: 803-898-3432
- http://www.scdhec.gov/health/mch/childcare/ • Early Childhood Oral Health: 803-898-0181 http://www.scdhec.gov/health/mch/oral/early.htm
- Black Infants Better Survival: 803-898-3432 http://www.scdhec.gov/health/mch/scbibs/
- WIC: 803-898-3432 http://www.scdhec.gov/health/mch/wic/
- South Carolina Careful Antibiotic Use (SC CAUse) http://www.scdhec.gov/health/disease/sccause/
- BabyNet (Early Intervention): 803-898-0784 http://www.scdhec.gov

### SC Education Oversight Committee: 803-734-6148

http://eoc.sc.gov/informationforfamilies/ FamilyFriendlyStandards08-09.htm

### **South Carolina Department of Social Services** (for Children & Families): 803-898-7601

http://dss.sc.gov

# Eat Smart Move More South Carolina: 803-545-4480

http://eatsmartmovemoresc.org/

### Midlands Safe Kids: 803-434-2955

http://www.midlandssafekids.org/

### Palmetto Health

- Healthy Start: 888-788-4367 http://www.palmettohealth.org/body.cfm?id=1157
- Reach Out and Read: 877-367-8839 http://www.reachoutandreadsc.org

### Safe Kids Upstate: 864-454-1100

http://www.safekidsupstate.org

### Parenting Partners: 803-744-4600

http://www.myparentingpartners.org/

## SC Parent Information and Resource Centers: 803-744-4029

http://www.scparentwise.org/

- Fort Mill Family Resource Center: 803-548-1754 http://www.fortmillcarecenter.org
- Bright Beginnings / Clover Family Resource Center: 803-222-8050
- Rock Hill ParentSmart Parent Center: 803-981-1557 http://www.parentsmart.org
- Parenting Partnerships / York Family Resource Center: 803-684-1504
- F.A.C.E.S. Beaufort: 843-521-2399 http://web.beaufort.k12.sc.us/education/dept/dept. php?sectionid=1306
- Charleston County School District, District 20 Family Resource Center: 843-937-6401
- Lexington Parent Information and Resource Center: 803-821-1361 http://www.edline.net/pages/Lexington\_County\_SD\_One/ Parenting Center
- Pelion Parenting Center: 803-821-2105 https://www.edline.net/pages/Lexington\_County\_SD\_One/ Parenting\_Center/Pelion\_Parenting\_Center
- The Pee Dee Alliance, Florence School District 1 Parent Center: 843-665-2085 http://www.fsd1.org/parentchild/default.htm
- Greenwood Community Children's Center: 864-941-8170 http://www.greenwoodchildren.org/index.html
- School District of Greenville County Family Learning Programs: 864-241-4803 http://www.greenville.k12.sc.us/district/schools/early.asp

### Richland County Public Library System: Growing Readers: 803-799-9084

http://www.myrcpl.com/growing-readers/home

## ETV Kids: 803-737-3307

http://www.scetv.org/education/etvkids/grownups/index.html

### ProParents: 803-772-5688

http://www.proparents.org/services.html

### **Reading Resources**

- The Adventures of Herman the Worm: http://urbanext.illinois.edu/worms/index.html
- Starfall: http://www.starfall.com
- Fun with Spot: http://www.funwithspot.com/us
- Leading to Reading: http://www.rif.org/kids leadingtoreading/en/leadingtoreading.htm
- Storvline: http://www.storvlineonline.net
- The Peter Rabbit Website:
- http://www.peterrabbit.com/us/index.asp
- Storyplace: The Children's Digital Library: http://www.storyplace.org
- Peep and the Big Wide World: http://www.peepandthebigwideworld.com
- First Palette: http://www.firstpalette.com/Age/age.html
- Sesame Street Online: http://www.sesamestreet.org/home
- Ziggity Zoom: http://www.ziggityzoom.com
- Exploring Nature Education Resource: http://www.exploringnature.org/db/detail\_index. php?dbID=31&dbType=2t
- Magic Porthole: http://www.magicporthole.org/index.html
- Getting Ready to Read!: Raising Readers: http://www.getreadytoread.org/content/view/396

## **ACKNOWLEDGEMENTS**

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We dedicate this to families across South Carolina and hope you use it to develop a love for books and learning that will last a lifetime.







































The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a short-term intervention program designed to influence lifetime nutrition and health behaviors in a targeted, highrisk population by providing nutrition education, healthy foods, and breastfeeding education and support.



The South Carolina National Heritage Corridor contains two Discovery Centers that serve as gateways to the rural communities and historic backroads of South Carolina. Offering something for everyone, the centers showcase dynamic and interactive exhibits. The friendly staff stands ready to help you plan your trip to explore nearby destinations, most of which are free! Both Discovery Centers welcome children and offer educational programs for school groups and home-schooled children. Admission is free. For more information, visit www.sc-heritagecorridor.org or contact a center directly.



Friends of South Carolina Libraries: Supporting Library Friends Groups Across the State







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